The 4th Commandment

- 8 Owe no man any thing, but to love one another: for he that loveth another hath fulfilled the law.
- **9** For this, Thou shalt not commit adultery, Thou shalt not kill, Thou shalt not steal, Thou shalt not bear false witness, Thou shalt not covet; and if there be any other commandment, it is briefly comprehended in this saying, namely, Thou shalt love thy neighbour as thyself.
- 10 Love worketh no ill to his neighbour: therefore love is the fulfilling of the law.

Romans 13:8-10 (KJV)

"Remember the Sabbath day, to keep it holy. 9 Six days you shall labor and do all your work, 10 but the seventh day is the Sabbath of the Lord your God. In it you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who is within your gates. 11 For in six days the Lord made the heavens and the earth, the sea, and all that is in them, and rested the seventh day. Therefore the Lord blessed the Sabbath day and hallowed it. **Exodus 20:8-11**

SATURDAY or SUNDAY?? Regarding attending church on Sundays, we know that Paul referred to taking collections for the saints on the first day of the week.

- ¹ Now concerning the collection for the saints, as I have given order to the churches of Galatia, even so do ye.
- **2** Upon the first day of the week let every one of you lay by him in store, as God hath prospered him, that there be no gatherings when I come. 1 Corinthians 16:1-2 (KJV)

There must have been an assembly on the first day of the week for there to be a collection on the same day.

Now on the first day of the week, when the disciples came together to break bread, Paul, ready to depart the next day, spoke to them and continued his message until midnight. Acts 20:7

But now after you have known God, or rather are known by God, how is it that you turn again to the weak and beggarly elements, to which you desire again to be in bondage? 10 **You observe days and months and seasons and years.** 11 I am afraid for you, lest I have labored for you in vain. **Gal. 4:9-11**

One person esteems one day above another; another esteems every day alike. Let each be fully convinced in his own mind. 6 He who observes the day, observes it to the Lord; and he who does not observe the day, to the Lord he does not observe it. He who eats, eats to the Lord, for he gives God thanks; and he who does not eat, to the Lord he does not eat, and gives God thanks. 7 For none of us lives to himself, and no one dies to himself. 8 For if we live, we live to the Lord; and if we die, we die to the Lord. Therefore, whether we live or die, we are the Lord's. Romans 14:5-8

The keeping of the Sabbath is missing from the list of "necessary things" that are laid out in Acts 15:28-29.

If we will be dogmatic about what day we worship on, we must be consistent and also be dogmatic about the work that we do on the Sabbath day. See the verse below:

- 32 And while the children of Israel were in the wilderness, they found a man that gathered sticks upon the sabbath day.
- 33 And they that found him gathering sticks brought him unto Moses and Aaron, and unto all the congregation.
- **34** And they put him in ward, because it was not declared what should be done to him.
- 35 And the LORD said unto Moses, The man shall be surely put to death: all the congregation shall stone him with stones without the camp.
- 36 And all the congregation brought him without the camp, and stoned him with stones, and he died; as the LORD commanded Moses.

 Numbers 15:32-36 (KJV)

Have you or I ever done more than this man on the Sabbath day? Of course, we have!!

WHAT IS THE SABBATH IN TERMS OF NEW TESTAMENT FULFILLMENT?? The Sabbath day is referred to as a shadow of things to come. That tells me that I should focus more on the actual substance of a thing rather than the shadow of the substance.

One thing to keep in mind is that we consider every day as a day of worship. We do gather together corporately in a church building on Sundays & Wednesdays to worship together, but we as the temple of the Holy Spirit (1 Corinthians 3:16-17), worship Him not strictly in a physical location, but in spirit & truth (John 4:20-24).

- 13 And you, being dead in your sins and the uncircumcision of your flesh, hath he quickened together with him, having forgiven you all trespasses;
- **14** Blotting out the handwriting of ordinances that was against us, which was contrary to us, and took it out of the way, nailing it to his cross;
- 15 And having spoiled principalities and powers, he made a shew of them openly, triumphing over them in it.
- 16 Let no man therefore judge you in meat, or in drink, or in respect of an holyday, or of the new moon, or of the sabbath days:
- 17 Which are a shadow of things to come; but the body is of Christ. Colossians 2:13-17

Let us first realize that we benefit from getting physical rest as the Lord initially instructed in the commandment.

And He said to them, "Come aside by yourselves to a deserted place and rest a while." For there were many coming and going, and they did not even have time to eat. Mark 6:31

This is more than rest for your outside - this is rest for your inside.

Take My yoke upon you and learn from Me, for I am gentle and lowly in heart, and you will find rest for your souls. Matthew 11:29

This refreshing begins at repentance and conversion.

Repent therefore and be converted, that your sins may be blotted out, so that times of refreshing may come from the presence of the Lord. Acts 3:19

This renewal is available to us not just once per week, but every day!!!

Therefore we do not lose heart. Even though our outward man is perishing, yet the inward man is being renewed day by day. 2 Cor. 4:16

THE BASIC ESSENCE OF THE SABBATH (IN ITS SUBSTANCE IN CHRIST) IS THE CEASING FROM ONE'S OWN WORKS & THE PUTTING OF OUR FAITH IN CHRIST'S WORK. THIS FAITH IS HOW WE ENTER INTO HIS REST.

For if Joshua had given them rest, then He would not afterward have spoken of another day. 9 There remains therefore a rest for the people of God. 10 For he who has entered His rest has himself also ceased from his works as God did from His. 11 Let us therefore be diligent to enter that rest, lest anyone fall according to the same example of disobedience. Hebrews 4:8-11

For we who have believed do enter that rest..... HEBREWS 4:3